

**Jessica Day-Watkins, PhD, BCBA-D**  
**Curriculum Vitae**

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**Office Address:** Drexel University  
A.J. Drexel Autism Institute  
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Philadelphia, PA  
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**Education:**

2011-2016	Ph.D.	Caldwell University (Applied Behavior Analysis)
2009-2010	M.S., Ed.	Temple University (Applied Behavior Analysis)
2005	B.A.	University of Massachusetts, Amherst (Psychology)

**Specialty Certification:**

2011-present Board Certified Behavior Analyst (Doctoral)

**Awards, Honors and Membership in Honorary Societies:**

2023	American SIDS Institute Travel Grant
2019	A.J. Drexel Autism Institute Internal Grant, Drexel University
2018	Invited Keynote Speaker, Caldwell University Research Day
2017	Behavior Change for a Sustainable World Grant, Berkshire Association for Behavior Analysis and Therapy
2011	Graduate Research Assistantship, Caldwell College

**Memberships in Professional and Scientific Societies:**

International:

Association for Behavior Analysis International (ABAI), 2005-present

National:

Berkshire Association for Behavior Analysis 2013-present

**Professional and Clinical Presentations**

2023	Presenter, Association for Behavior Analysis International, "Evaluating Caregiver Arrangement of Infant Sleeping Environments in the Home", Denver, CO
2022	Presenter, Association for Behavior Analysis International, "Safe to Sleep: Community Based Caregiver Training", Boston, MA
2020	Invited Speaker, Independence Blue Cross ABLE Event, Philadelphia, PA
2019	Invited Speaker, Council Rock School District, Newtown, PA
2019	Presenter, Berkshire Association for Behavior Analysis and Therapy, Reducing Energy Consumption in Commercial Printers, Worcester, MA

- 2019 Chair, Association for Behavior Analysis International, Using Equivalence-Based Instruction to Teach Academic and Music Skills to Children of Typical Development
- 2019 Presenter, Association for Behavior Analysis International, “Reducing Energy Consumption in Commercial Printers”, Chicago, Illinois
- 2018 Invited Keynote Speaker, Caldwell University Research Day
- 2018 Chair, Drexel University Panel Discussion on Anxiety and Autism Spectrum Disorders
- 2017 Presenter, Association for Behavior Analysis International, “Using Equivalence-Based Instruction and Contextual Control to Teach Classes of Behavioral Pediatrics”, Denver, Colorado.,
- 2017 Invited Speaker, Philadelphia Department of Aviation, “Introduction to Behavior Change: A Story of Consequences”, Philadelphia, PA
- 2016 Presenter, New Jersey Association for Behavior Analysis Conference “Using Equivalence-Based Instruction to Teach Primary Caregivers’ Contact Information to Typical Children”, Somerset, NJ.
- 2016 Presenter, Berkshire Association for Behavior Analysis and Therapy Annual Conference “Using Equivalence-Based Instruction and Contextual Control to Teach Classes of Behavioral Pediatrics”, Amherst, MA
- 2016 Invited Speaker, Philadelphia Department Aviation, “Autism 101”, Philadelphia, PA
- 2016 Invited Speaker, Drexel University Department of Public Safety, “Autism Awareness”, Philadelphia, PA
- 2016 Invited Speaker, Amy Northwest (School District of Philadelphia), “Autism 101 and Managing Challenging Behavior”, Philadelphia, PA
- 2015 Workshop Presenter, Introduction to Autism and ABA, Discovery Charter School, Philadelphia, PA
- 2015 Presenter, Berkshire Association for Behavior Analysis and Therapy Annual Conference “Using Equivalence-Based Instruction to Teach Primary Caregivers’ Contact Information to Typical Children”, Amherst, MA
- 2014 Presenter and Chair, New Jersey Association for Applied Behavior Analysis, “Teaching Concepts of Prominent Behavior Analysts Using Stimulus Equivalence Technology”
- 2014 Presenter, ABAI Annual Convention, “Teaching Concepts of Prominent Behavior Analysts Using Stimulus Equivalence Technology”
- 2014 Chair, Delaware Valley Association for Behavior Analysis, Student Research Series
- 2014 Presenter, Berkshire Association for Behavior Analysis and Training, “Teaching Concepts of Prominent Behavior Analysts Using Stimulus Equivalence Technology”
- 2012 Presenter, Delaware Valley Association for Behavior Analysis “Let Me Help You: Teaching Adolescents with Autism Helping Behavior
- 2012 Presenter, ABAI Annual Convention, Seattle  
“Establishing a Generalized Repertoire of Helping Behavior in Adolescents with Autism: A Replication”
- 2012 Presenter, In-service Training, Tabernacle School District

- “Motivational Systems”, “Shaping”, “Prompting”, “Promoting Independence”  
Activity Schedules”
- 2012 Presenter, Bucks County Intermediate Unit #22, Behavior Analyst meeting,  
“Establishing a Generalized Repertoire of Helping Behavior in Adolescents  
with Autism”
- 2010 Presenter, Pre-service Training, Bucks County Intermediate Unit  
“Verbal Behavior”; “Advanced Applied Behavior Analysis”
- 2006 Presenter, ABAI Annual Convention, Atlanta, Georgia, “Use of the ABBLIS in  
an Adult with Autism”, symposium

**Academic and Clinical Teaching Responsibilities:**

- 2023 Instructor, Master’s Thesis, Hunter College, New York
- 2023 Instructor, Applied Behavior Analysis II, Hunter College, New York
- 2022 Instructor, Master’s Thesis, Hunter College, New York
- 2022 Instructor, Applied Behavior Analysis II, Hunter College, New York
- 2022 Instructor, Performance Management, Drexel University
- 2021 Instructor, Master’s Thesis, Hunter College, New York
- 2021 Instructor, Applied Behavior Analysis II, Hunter College, New York
- 2020 Instructor, Applied Behavior Analysis II, Hunter College, New York
- 2014-2020 Chair, Drexel University and Caldwell University Research Day,  
Philadelphia, PA
- 2019 Instructor, Emotional and Behavioral Disorders, Drexel University,  
Philadelphia, PA
- 2019 Instructor, Applied Behavior Analysis, Temple University, Philadelphia, PA
- 2018 Instructor, Fundamental Elements of Behavior Change, Drexel University,  
Philadelphia, PA
- 2018 Instructor, Concepts and Principles of Behavior Analysis, Temple University,  
Philadelphia, PA
- 2017 Instructor, Principals of Behavior Change, Drexel University, Philadelphia,  
PA
- 2017 Instructor, Measurement and Experimental Design, Drexel University,  
Philadelphia, PA
- 2016 Instructor, Fundamental Elements of Behavior Change, Drexel University,  
Philadelphia, PA
- 2016 Adjunct Professor, Behavior Analysis and Learning, Rowan University,  
Glassboro, NJ
- 2015 Instructor, Measurement and Experimental Design, Drexel University,  
Philadelphia, PA
- 2015 Guest Lecturer, Concept Formation, Caldwell University, Caldwell, NJ
- 2015 Guest Panelist, BCBA Professionalism Panel, Rowan University,  
Glassboro, NJ
- 2015 Adjunct Professor, Behavior Analysis and Learning, Rowan University,  
Glassboro, NJ
- 2014 Teaching Assistant, Scientific Writing, Caldwell College, Caldwell New  
Jersey
- 2014 Instructor, Measurement and Experimental Design, Drexel University,

- Philadelphia, PA
- 2014 Course Designer, Measurement and Experimental Design (EDEX 631), Drexel University, Philadelphia PA
- 2013 Teaching Assistant, Concept Formation, Caldwell College, Caldwell, New Jersey.
- 2012 Adjunct Professor, Basic Principles of Behavior Analysis, Saint Joseph's University, Philadelphia, PA
- 2010 Course Teaching Assistant, Learning and Behavior Analysis, Temple University, Philadelphia, PA. Responsibilities included conducting two lectures and review sessions, weekly office hours, supervision of Inter-Teach, and grading exams and final papers.

### Peer-Reviewed Manuscripts

1. Vladescu, J. C., Schnell-Peskin, L., & **Day-Watkins, J.** (2023). Adventures in supporting caregiver adherence with recommendations for safe infant sleeping environment. *Operants, 11*, 18-21.
2. Schnell, L. K., Day-Watkins, J., Mery, J., & Vladescu, J. C. (2023). The influence of video-based training on caregiver arrangement of infant sleeping environments. *Journal of Applied Behavior Analysis, 56* (3), 656-663.
3. Quiroz, M., Schnell, L. K., Kisamore, A. N., Day-Watkins, J., & Vladescu, J. C. (in press). Teaching children to identify and avoid food allergens using behavior skills training. *Journal of Applied Behavior Analysis, 56* (3), 565–574. <https://doi.org/10.1002/jaba.999>.
4. Mery, J., **Day-Watkins, J.**, Schnell, L., & Vladescu, J. (2023). Training and Maintenance of Caregiver Arrangement of Infant Sleep Environments. *Journal of Applied Behavior Analysis, 56*, 2, 1-11.
5. Ostrosky, B. D., Reeve, K. F., **Day-Watkins, J.**, Vladescu, J. C., Reeve, S. A., & Kerth, D. M. (2022). Comparing group contingency and individualized equivalence-based instruction to a PowerPoint lecture to establish equivalence classes of reinforcement and punishment procedures with college students. *The Psychological Record*.
6. Carrow, J. N., Vladescu, J. C., **Day-Watkins, J.**, Reeve, K. F., Sidener, T. M., & Schnell, L. K., (2022). Training medical students to teach safe infant sleep practices using pyramidal behavior skills training. *Journal of Applied Behavior Analysis, 55*, (4), 1239-1257.
7. Carrow, J. N., Vladescu, J. C., Reeve, K. F., Sidener, T. M., & **Day-Watkins, J.** (2021). Safe to Sleep: Review of safe infant sleep training literature. *Journal of Community Health*.
8. Vladescu, J. C., **Day-Watkins, J.**, Schnell, L. K., & Carrow, J. N. (2020). Safe to Sleep: Community-Based Caregiver Training. *Journal of Applied Behavior Analysis, 53*, 1922-1934.
9. Vladescu, J. C., Schnell, L. K., & **Day-Watkins, J.** (2020). Infant Positioning: A Brief Review. *Journal of Applied Behavior Analysis, 53*, 1237-1241.
10. LaFond, T. R., Reeve, K. F., **Day-Watkins, J.**, Reeve, S. A., Vladescu, J. C., & Jennings, A. M. (2020). Using stimulus equivalence-based instruction to teach young children their caregivers' contact information. *Behavioral Interventions*.
11. Mailey, C., **Day-Watkins, J.**, Pallathra, A. A., Eckerman, D. A., Brodtkin, E. S., & Connell, J. E. Using an Adaptive Computer-based Instruction to Teach Staff to Implement a Social Skills Intervention (2020). *Journal of Organizational Behavior Management*

12. Sances, J., **Day-Watkins, J.**, & Connell, J. E. (2019). Teaching an Adult with Autism Spectrum Disorder to Use an Activity Schedule During a Vocational Beekeeping Task. *Behavior Analysis in Practice, 12*, 435-439.
13. **Day-Watkins, J.**, Pallathra, A., Connell, J. E., & Brodtkin, E. (2018). Behavior Skills Training with Voice-Over Instruction. *Journal of Organizational Behavior Management, 38*, 258-273.
14. **Day-Watkins, J.** & Connell J.E. (2014). Establishing a Generalized Repertoire of Helping Behavior in Adolescents with Autism: A Replication. *Journal of Applied Behavior Analysis, 47*, 850-855.

### **Manuscripts Under Review**

Arguello, C., **Day-Watkins, J.**, Kisamore, A., & Cicero, F. Teaching effective post-bowel movement hygiene. (Accepted). *Behavior Analysis Research and Practice*.

### **Book Chapters**

1. Schnell, L. K., **Day-Watkins, J.**, & Kisamore, A. N. (2023). Teaching adaptive skills to children with autism spectrum disorder. In J. L. Matson (Ed.), *Handbook of ABA for Children with Autism: Clinical Guide to Assessment and Treatment*. Springer.

### **Editorial Experience**

2023	Frontiers Psychiatry, Guest Reviewer <i>Behavior Analysis in Practice</i> , Guest Reviewer <i>Journal of Organizational Behavior Management</i> , Guest Reviewer <i>Journal of Applied Behavior Analysis</i> , Guest Reviewer
2022	<i>Journal of Organizational Behavior Management</i> , Guest Reviewer <i>Journal of Applied Behavior Analysis</i> , Guest Reviewer <i>BMJ Open</i> , Guest Reviewer <i>Journal of Behavioral Education</i> , Guest Reviewer
2021	<i>Behavior Analysis in Practice</i> , Guest Reviewer
2020	<i>Education and Treatment of Children</i> , Guest Reviewer <i>Behavior Analysis in Practice</i> , Guest Reviewer
2019	<i>Behavior Analysis in Practice</i> , Guest Reviewer
2019	<i>Journal of Applied Behavior Analysis</i> , Guest Reviewer
2019	<i>Journal of Autism</i> , Guest Reviewer
2018	<i>Journal of Autism and Developmental Disabilities</i> , Guest Reviewer
2018	<i>Journal of Applied Behavior Analysis</i> , Guest Reviewer
2017-18	<i>The Psychological Record</i> , Guest Reviewer

### **Clinical Experience:**

June-Aug 2020 Interim Clinical Core Director, Drexel University. Responsibilities include procurement and management of clinical contracts, consultation on grants, oversight of clinic operations.

- 2018-present Assistant Professor, Drexel University, Responsibilities include supervision of ABA graduate students in research-funded behavior analytic clinical practice, conduct and supervise single-subject research studies, oversee consultation contracts with public and charter schools.
- 2013-2017 Project Coordinator, Drexel University. Responsibilities include conducting functional behavior assessments, evaluation of classroom management systems, creation of individual behavior support plans, professional development across multiple elementary, general and special education populations.
- 2013-2014 Lab Coordinator, Caldwell College Equivalence Lab. Supervision of other lab projects, mentoring lab members, outreach to other universities for joint projects, supervision of development of additional software.
- 2012-2013 Lab Assistant, Caldwell College Equivalence Lab. Recruiting participants for research, conducting sessions, data collection, maintenance of lab software.
- 2012-2013 Behavior Analyst, ILAN Educational and Behavioral Consulting. Responsibilities include implementation of functional behavior assessments, evaluation of classroom management systems, creation of individual behavior support plans, and professional development, all across multiple elementary, general and special education populations.
- 2010-2012 Behavior Analyst, Bancroft Consultation and Training. Supervised and coordinated applied behavior analysis services to local school districts. Provided consultative services in school classrooms and in extended day home programs to elementary and secondary student diagnosed with autism and other disabilities. Conduct functional behavior assessments and developed individual behavior intervention programs. Hired and directly supervised 1:1 support staff. Trained school staff and parents in implementation of programs and data collection.
- 2008-2010 Instructor, Comprehensive Learning Center, responsibilities included parent training to promote generalization and maintenance of skills in the home, daily data collection and analysis for all skill acquisition and treatment programs, on-going training support of module instructors.

### **Assessment Tools**

Autism Diagnostic Observation Schedule (ADOS-2): Research Reliable

### **RESEARCH FUNDING**

#### **Externally-Funded Grants**

##### ***Not Funded***

Day-Watkins, J. (Principal), Vladescu, J. C., (Co-Investigator), & Schnell, L. K. (Co-Investigator). Safe to Sleep. Clanceil Foundation. \$45,000.

##### ***Under Review***

#### **Internally-Funded Grants**

##### ***Funded***

Day-Watkins, J. (Principal), Sheridan, E., Dubin, A. & Edwards, A. AJ Drexel Autism Institute Seeds

Grant, \$5,000

Day-Watkins, J. (Principal). Safe to Sleep. AJ. Drexel Autism Institute. \$5,000.

Day-Watkins, J. (Principal). Reducing Energy Consumption. Berkshire Association for Behavior Analysis and Therapy, \$500.

### ***Not Funded***

Day-Watkins, J. (Co-Principal) & Croce, K. (Co-Investigator). Self and Match. CURE. \$30,000.

Day-Watkins, J. (Principal), Vladesdcu, J. C., (Principal), Schnell, L. K. (Co-Investigator), & Robins, D. L. (Co-Investigator). The Behavioral Safe Sleep Training (BeSST) Program. National Institutes of Health, R21, \$275,000.

Day-Watkins, J. (Principal), Vladesdcu, J. C., (Principal), Schnell, L. K. (Co-Investigator), & Robins, D. L. (Co-Investigator). The Behavioral Safe Sleep Training (BeSST) Program. American SIDS Institute, \$150,000.

### **Mentorship**

Hunter College Mentees

Jadene Esebio-Roncoe

Carolina Arguello

Latoya James

Alexandra Lebron

Amela Muminovic

Jadene Ronco

Drexel University Mentees

Rebecca Sragrow

Jessica Sances

Justine Beachley

Stephanie Vass

Caitlin Mailey

Tiffany LaFod

Brianna Tingler

Caldwell College:

Mentor: Kenneth Reeve, PhD

Dissertation: Equivalence Based Instruction with Adult Learners

Mentees supervised by Dr. Day-Watkins

Briana Tingler

Tiffany LaFond

Temple University

James E Connell, PhD, BCBA-D, NCSP

Thesis: Establishing a Generalized Repertoire of Helping Behavior in Adolescents with Autism





**Dr. Jessica Day-Watkins, PhD, BCBA-D**  
**List of Professional References**

Available upon request